

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

Menu Name:	High School Breakfast	Include Cost:	No
Site:			
Use Alternate Menu Name:	Alternate Menu Name 1		

Monday - 08/18/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990079 WG Egg/Meat Pizza Bagel	Bagel	1	31.00
990126 Cereal Variety & Toast	Cereal	1	38.15
990061 Fruit Variety	1/2 CUP	1	20.45
000983 Juice Cup	CUP	1	15.00
000489 Milk Variety	carton	1	17.00
Weighted Daily Average			121.60
% of Calories			67.2%
Weekly Nutrient Guideline			

Tuesday - 08/19/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000504 Biscuit Sandwich	Sandwich	1	29.48
990126 Cereal Variety & Toast	Cereal	1	38.15
990061 Fruit Variety	1/2 CUP	1	20.45
000983 Juice Cup	CUP	1	15.00

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Aug 1, 2025 thru Aug 31, 2025

000489 Milk Variety	carton	1	17.00
Weighted Daily Average			120.09
% of Calories			52.0%
Weekly Nutrient Guideline			

Wednesday - 08/20/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990213 Waffle	Waffle	1	15.00
990126 Cereal Variety & Toast	Cereal	1	38.15
990061 Fruit Variety	1/2 CUP	1	20.45
000983 Juice Cup	CUP	1	15.00
000489 Milk Variety	carton	1	17.00
Weighted Daily Average			105.60
% of Calories			73.6%
Weekly Nutrient Guideline			

Thursday - 08/21/2025 Reimbursable Meal Total 1

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Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Carb (g)
000541 Biscuit & Gravy	1 B, 4 oz Gravy	1	33.48
990126 Cereal Variety & Toast	Cereal	1	38.15
990061 Fruit Variety	1/2 CUP	1	20.45
000983 Juice Cup	CUP	1	15.00
000489 Milk Variety	carton	1	17.00
Weighted Daily Average			124.09
% of Calories			61.7%
Weekly Nutrient Guideline			

Friday - 08/22/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990166 Donut Variety	Serving	1	26.33
990126 Cereal Variety & Toast	Cereal	1	38.15
990061 Fruit Variety	1/2 CUP	1	20.45
000983 Juice Cup	CUP	1	15.00

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Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Carb (g)
000489 Milk Variety	carton	1	17.00
Weighted Daily Average			116.94
% of Calories			67.4%
Weekly Nutrient Guideline			

Monday - 08/25/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000566 Egg Scrambled & Toast	1/2 cup	1	16.09
990126 Cereal Variety & Toast	Cereal	1	38.15
990061 Fruit Variety	1/2 CUP	1	20.45
000983 Juice Cup	CUP	1	15.00
000489 Milk Variety	carton	1	17.00
Weighted Daily Average			106.69
% of Calories			56.2%
Weekly Nutrient Guideline			

Tuesday - 08/26/2025 Reimbursable Meal Total 1

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Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Carb (g)
990169 Croissant Sandwich	Sandwich	1	32.67
990126 Cereal Variety & Toast	Cereal	1	38.15
990061 Fruit Variety	1/2 CUP	1	20.45
000983 Juice Cup	CUP	1	15.00
000489 Milk Variety	carton	1	17.00
Weighted Daily Average			123.27
% of Calories			60.6%
Weekly Nutrient Guideline			

Wednesday - 08/27/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000891 Pancake Stick	Stick	1	17.00
990126 Cereal Variety & Toast	Cereal	1	38.15
990061 Fruit Variety	1/2 CUP	1	20.45
000983 Juice Cup	CUP	1	15.00

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Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Carb (g)
000489 Milk Variety	carton	1	17.00
Weighted Daily Average			107.60
% of Calories			63.9%
Weekly Nutrient Guideline			

Thursday - 08/28/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000541 Biscuit & Gravy	1 B, 4 oz Gravy	1	33.48
990126 Cereal Variety & Toast	Cereal	1	38.15
990061 Fruit Variety	1/2 CUP	1	20.45
000983 Juice Cup	CUP	1	15.00
000489 Milk Variety	carton	1	17.00
Weighted Daily Average			124.09
% of Calories			61.7%
Weekly Nutrient Guideline			

Friday - 08/29/2025 Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Carb (g)
000955 Cinnamon Roll	Roll	1	37.00
990126 Cereal Variety & Toast	Cereal	1	38.15
990061 Fruit Variety	1/2 CUP	1	20.45
000983 Juice Cup	CUP	1	15.00
000489 Milk Variety	carton	1	17.00
Weighted Daily Average			127.60
% of Calories			67.7%
Weekly Nutrient Guideline			

		Carb (g)
Weighted Averages		117.76
% of Calories		62.6%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.